

AFTON WYOMING STAKE YOUNG WOMEN CAMP

PACKING LIST

Clothing:

Please review “Your body is sacred” in *For The Strength of Youth* Pamphlet before packing your clothes!

- ☐ Jeans
- ☐ Long shorts
- ☐ Shirts
- ☐ Underwear
- ☐ Socks
- ☐ Sturdy shoes
- ☐ Pajamas/Base Layers
- ☐ Jacket/Sweatshirt
- ☐ Hat/Visor
- ☐ Sunglasses

Toiletries:

- ☐ Toothbrush/Toothpaste/ Floss
- ☐ Brush/Comb
- ☐ Feminine Hygiene Products
- ☐ Deodorant
- ☐ Lotion
- ☐ Sunblock
- ☐ Bug Spray/Anti-Itch Cream
- ☐ Towel & Washcloth
- ☐ Soap/Baby Wipes/Hand Sanitizer
- ☐ Shampoo/Conditioner
- ☐ Lip Balm
- ☐ Personal Medications, if needed
- ☐ Small First Aid Kit

Bedding:

- ☐ Sleeping bag
- ☐ Sleeping pad
- ☐ Pillow/Extra Blanket

Miscellaneous:

*We encourage you to leave your cell phones at home. If you choose to bring your phone, it may only be used to access scriptures and as a camera. Using bathroom/cabin outlets to charge your phone is not permitted.

- ☐ Flashlight & Batteries
- ☐ Camera
- ☐ Small Backpack for Hike
- ☐ Water Bottle
- ☐ Camp Chair
- ☐ Journal & Pens
- ☐ Scriptures
- ☐ Work Gloves for Challenge Course
- ☐ Rain Poncho
- ☐ *LABEL EVERYTHING!*